



SAMPLE TRAINING SCHEDULE

Having a well-trained Behavioral Intervention Team is essential to keeping campus communities safe. Each year, NaBITA conference attendees are provided a USB drive containing the conference program and a resource list useful for BITs to take back to their teams and use for team training. The following resources should serve as starting place for BITs to develop their own annual training schedules.

Teams with enhanced NaBITA memberships may already have access to many of The NCHERM Group's Online Trainings listed below.

December: Tabletop Trainings	
Use the following as tabletop training exercise for your team:	<ul style="list-style-type: none"> • A BIT Response to a Non-Community Member Threat: A Tabletop Exercise of the Charleston, SC Shooting (JBIT 2015) • Ending Campus Violence: New Approaches to Prevention • COPS: Campus Threat Assessment Case Studies • Campus Mental Health Case Studies Binder
January: Cultural & Diversity Issues	
Have the team watch one of these Online Trainings by The NCHERM Group at the start of the month and discuss at the end of month:	<ul style="list-style-type: none"> • Addressing Microaggression and Cultural Issues on the BIT • Issues of Gender Violence in LGBT Communities • Generational Diversity: Managing Across Generations • Addressing Risk Management in Study Abroad Programs
Read the following:	<ul style="list-style-type: none"> • Microaggressions in Everyday Life: Race, Gender, and Sexual Orientation • Microaggressions and Marginality: Manifestation, Dynamics, and Impact
February: Documentation	
Have the team watch one of these Online Trainings by The NCHERM Group at the start of the month and discuss at the end of month:	<ul style="list-style-type: none"> • Should I Write this Down? BIT Documentation Do's and Don'ts • BIT and Case Management Notes: 101
Have the team listen to the following Audio Essentials 30-minute training and discuss:	<ul style="list-style-type: none"> • How to Write Good Case Notes: An Essential Skill for BIT Members, Case Managers and Counselors
March: Addressing Siloed Communication	
Have the team watch one of these Online Trainings by The NCHERM Group at the start of the month and discuss at the end of month:	<ul style="list-style-type: none"> • The Role of Mental Health Professionals on the BIT • Counseling and Conduct: Working Together • Title IX and BITs
Read the following:	<ul style="list-style-type: none"> • Title IX meets BIT: Handling Gender-Based Complaints through Campus Collaborations (NaBITA mini-panel 2015)



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April: Mental Health	
<p>Have the team watch one of Online Trainings by The NCHERM Group at the start of the month and discuss at the the end of month:</p>	<ul style="list-style-type: none"> • Managing the Suicidal Student on Campus • Readmission Requirements following a Psychological Crisis • Ten Practical Ways to Reduce Liability for Suicidal Students on Campus Counseling and Community Colleges: Doing it Well • Federal Changes In Policy Concerning Suicidal & Dangerous Students: A Review Of Three Legal Cases • Addressing 2 Dilemmas in Counseling: Mandated Treatment and Clery Reporting
<p>Read one of the following:</p>	<ul style="list-style-type: none"> • The Prevention and Management of Mental Health Emergencies • An Examination of Institutional Approaches to Students Who Exhibit Suicidal Behaviors (JBIT 2015) • A Behavioral Intervention Team at a Two-Year College: Responding to a Case of Suicidal Ideation (JBIT 2015) • Mental Health First Aid (MHFA): A First-Hand Look at Why You Should Consider this Training for Your Campus Community (JBIT 2015) • Making the Call: Parental Notification of Suicidal Students (NaBITA 2015 mini-paper)
May: Self-Care & Team-Care	
<p>Have the team watch one of these Online Trainings by The NCHERM Group at the start of the month and discuss at the end of month:</p>	<ul style="list-style-type: none"> • Fighting Mid-Semester Burnout and Stress • How To Manage, Supervise & Energize Difficult Staff: A Proactive Approach
<p>Read the following:</p>	<ul style="list-style-type: none"> • Who's Minding the Shop? Attending to the Well-Being of the Team (JBIT 2014)
June: Threat Assessment	
<p>Have the team watch one of these Online Trainings by The NCHERM Group at the start of the month and discuss at the end of month:</p>	<ul style="list-style-type: none"> • Update on the NaBITA Tool: What's New? • Separating Dangerousness from Anger: Assessing True Threat • Forensic Threat Assessment: Hire a Specialist or Train Existing Staff? • The New Orleans Interviews Online Threat Assessment Training • Follow up New Orleans Interviews with Dustin and Stacie
<p>Read one of the following as a team:</p>	<ul style="list-style-type: none"> • Harm to Others: The Assessment and Treatment of Dangerousness • Threat Assessment: A Risk Management Approach • International Handbook of Threat Assessment • Threat Assessment & Management Strategies: Identifying the Howlers and Hunters • ATAP RAGE-V • School Shooters on College Campuses (JBIT 2013) • A Comparative Analysis of Threat and Risk Assessment Measures (JBIT 2013) • Elliot Rodger: An Analysis (JBIT 2014)



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	<ul style="list-style-type: none"> • A Resource for The Research of School Shooters (JBIT 2014) • Costuming, Misogyny, & Objectification as Risk Factors in Targeted Violence (JBIT 2014) • Violence Risk Assessment of the Written Word (VRAW2) (JBIT 2015) • The Enigma of Adam Lanza’s Mind and Motivations for Murder (JBIT 2015)
July: Educating Community, Marketing, and Advertising	
Have the team watch one of these Online Trainings by The NCHERM Group at the start of the month and discuss the training the end of month:	<ul style="list-style-type: none"> • How to Advertise your BIT • Addressing Disruptive and Dangerous Student Behavior in the Classroom • Training Front Office Staff to Identify, Report and Manage Disruptive and Dangerous Behavior
Have the team listen to the following Audio Essentials 30-minute training and discuss:	<ul style="list-style-type: none"> • Disruptive and Dangerous Classroom Behavior: 10 Traits to Cultivate for Better Classroom Management
Read the following:	<ul style="list-style-type: none"> • A Faculty Guide to Addressing Disruptive and Dangerous Behavior • The Branding of a BIT: From Idea to Image (JBIT 2013) • Bring your BIT from Behind the Curtain with a Good Marketing Plan (JBIT 2014)
August: Student Death	
Have the team watch one of these Online Trainings by The NCHERM Group at the start of the month and discuss the training the end of month:	<ul style="list-style-type: none"> • Post-vention and Suicide Response • Responding to a Student Death
Have the team listen to the following Audio Essentials 30-minute training and discuss:	<ul style="list-style-type: none"> • Responding to a Student Death: A Campus Guide
September: Assessment & Quality Assurance	
Have the team watch this Online Training by The NCHERM Group at the start of the month and discuss the training the end of month:	<ul style="list-style-type: none"> • Best Practices in Program Evaluation



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<p>Read the following:</p>	<ul style="list-style-type: none"> • Core Q¹⁰ White Paper (NaBITA 2014) • Core Q¹⁰ Assessment of BIT • Behavioral Intervention Teams and End-of-Semester Reporting (JBIT 2014) • Lessons from Four Schools: Beta Testing the Core Q10 (JBIT 2014)
<p>October: Conduct and BIT Training</p>	
<p>Watch one of the following NaBITA conduct videos and discuss as a team:</p>	<ul style="list-style-type: none"> • Brittany & Sorority Sisters: Assessing a Written Threat (18 mins) • Effie & Prof. Thompson: A Case of Classroom Disruption (40 mins) • Patrick & Officer Miles: Run-in with Law Enforcement (17 mins)
<p>November: Broad Training</p>	
<p>Attend the NaBITA conference and bring back:</p>	<ul style="list-style-type: none"> • Session materials and USB drive for the team to review.
<p>Watch the following and follow case discussion questions:</p>	<ul style="list-style-type: none"> • Window into BIT
<p>Read the following:</p>	<ul style="list-style-type: none"> • Book on BIT • Jed Foundation Balancing Safety and Support on Campus • Threat Assessment in the Campus Setting: NaBITA 2014 Whitepaper • Who's on the Team: Mission, Membership and Motivation (NaBITA 2015 Whitepaper)